

Getting Started

Are you more an extrovert (someone who is energized by being with others) or an introvert (someone who gets recharged by time alone)? Describe your preferred way of getting renewed?

What possible downsides are there to preferring time alone?

What possible downsides are there to preferring to be with people?

Into the Bible

Genesis 2:18 has something to say about our social nature. What do you suppose the Lord meant when He said it wasn't good for the man to be alone?

Consider 1 Corinthians 12:7-30. What benefits do we receive from living in community with others?

We live in a culture that celebrates independence and individualism, which makes it hard to ask for help and to acknowledge our dependence on others. What do you see in the culture around us that suggests we're not as independent and individual as we'd like to think?

Genesis 17:14 introduces an important punishment among God's people: being cut off, a consequence repeated many times in the Old Testament. Why do you think that was such a horrifying prospect?

Why do you think so many church members today do *not* recoil at the idea of being *cut off*?

To be fair, time alone can be important, too. How do Luke 5:16 and Matthew 6:6 tell you about the value of "alone time."

1 Corinthians 7:4-5 are about marriage, but what important lesson can we learn about spending too much time alone?

Digging Deeper

You're already in a Life Group, so you're connected to the church beyond Sunday morning. What might we do to encourage others to be so connected?